

What to Expect at an Invisalign Consultation

No impressions, no mess, no guessing at the result before you commit.

Invisalign gets asked about more than almost anything else here, and most of the questions are really about the process — how it starts, how long it takes, what you'll actually see before agreeing to anything. Here's the real version.

The Consultation Itself

It starts with a 3D digital scan of your teeth — no impressions, no mess, no gagging on a tray of putty. The scan takes a few minutes and captures precise detail of every tooth and how they bite together.

From that scan, a full digital map of the planned tooth movement is built, and you'll see a projection of the likely end result at this stage — before a single aligner is made and before anything is agreed. If the projected result isn't right, the plan gets adjusted, not your teeth.

How the Treatment Actually Works

Once a plan is agreed, you're issued a series of clear aligners. Each one is worn for around one to two weeks before moving to the next in the sequence, with each aligner shifting your teeth slightly further toward the planned position.

Aligners are removable, so eating, drinking, and cleaning your teeth carry on as normal — they come out for all of it. Most people find this the biggest practical difference compared with fixed braces.

How Long It Takes

Most cases run somewhere between three and eighteen months, depending on what's actually being corrected. Minor crowding or spacing sits at the shorter end; more complex bite corrections take longer. You'll get a specific estimate for your case at the consultation, not a generic range.

Invisalign or Quick Straight Teeth?

Invisalign isn't the only option here. For patients who only want the visible front teeth straightened, faster, Quick Straight Teeth (QST) uses a fixed appliance rather than removable aligners. Which one actually suits you depends on your case — we'll tell you honestly which fits better, not push the option that suits us.

Why alignment sometimes comes first: how your teeth line up affects your bite and how teeth wear against each other, which affects the long-term success of any cosmetic or restorative work that follows. Where relevant, alignment is planned alongside other treatment, not as an afterthought.

What It Costs

Invisalign is priced per case, based on complexity and the number of aligners needed — you'll get a specific figure at your consultation, not before. Quick Straight Teeth starts at £1,500 per arch, for comparison.

Invisalign at DRJB Smile Clinic is led by Dr Griffin Giliker, an Invisalign Diamond Provider — one of Invisalign's highest recognised tiers. A free consultation costs you nothing and includes the digital scan and projected result.